



Parent Talk



Where: Okanagan Boys and Girls Club, 3130 Berry Road
When: Alternate Wednesdays from 9:30-11:00 AM
What: A group for parents with children aged 0-6 that offers parenting information and support along with resource sharing.

Date	Topic	Facilitator/Guest Presenter
Oct 21	Confident Parenting	Michele
Nov 4	Handling Challenging Behaviors	Maggie Reigh
Nov 18	Frustration and anger in Day to Day Parenting-Caring and coping	Michele
Dec 2	What to do when what was working no longer works	Michele
Dec 16	Christmas Social-Potluck and White Elephant	Group Social Event
Jan 6	Getting to the Heart of the matter-Value based parenting	Michele
Jan 20	Early Learning Pathways-what are your choices	Presenter to be announced
Feb 3	What is normal-when do I need to worry about my child.	Presenter to be announced
Feb 17	Open Session-Question and Answer	Michele
Mar 3	Parents as advocates-how and when to speak up.	Michele
Mar 17	Peer and Sibling rivalry-Opportunities for Learning	Michele
	Spring Break	
Apr 14	Staying connected with others (children and adults) through times of conflict.	Michele
Apr 28	To Be Announced	TBA
May 12	To Be Announced	TBA
May 26	To Be Announced	TBA
June 9	Year end celebration	Group Event

CHILD MINDING PROVIDED!!! No Registration Required

Remember: Please bring a healthy snack for your child and sip cup or water bottle. No nut or nut products. Unexpected topic or scheduling changes may occur due to illness, weather or building emergencies– any last minute changes will available by phoning 250-763-0456 ext 202.

For further information or future topics, call Michele Hucul at The Bridge-Youth and Family Services 763-0456 ext 202

michele.hucul@thebridgeservices.ca



Okanagan
Boys and Girls Clubs



